

# OAKLANDS LEISURE METHOD STATEMENT COVID-19

<u>TIME /WHEN</u>	<u>WHAT I NEED TO DO /RULES TO FOLLOW</u>
BEFORE YOU COME TO OAKLANDS LEISURE POOL	<ul style="list-style-type: none"><li>◆ IF YOU HAVE ANY OF THE MAIN SYMPTOMS OF CORONAVIRUS (COVID-19)YOU MUST STAY AT HOME (SELF-ISOLATE ) AND GET A TEST</li><li>◆ PLEASE CHECK WEBSITE (WWW.OAKLANDSLEISURE .CO.UK ) FOR ANY UPDATES ,READ RISK ASSESSMENT</li><li>◆ PLEASE COME TO THE POOL ALREADY CHANGED TO SWIM</li><li>◆ YOU MAY BRING A QUICK CHANGE OF CLOTHES FOR AFTER SWIMMING ( JOGGING BOTTOMS AND T SHIRT )</li><li>◆ PLEASE DON'T LEAVE TO EARLY AS YOU SHOULD NOT ENTER POOL BUILDING UNTIL 5 MINS BEFORE YOUR SWIM</li></ul>
ONCE YOU ARRIVE AT OAKLANDS LEISURE AND ENTRY TO THE POOL	<ul style="list-style-type: none"><li>◆ PLEASE MAKE YOUR WAY TO THE POOL BUILDING AND FOLLOW ARROWS UP THE RAMP AND WAIT AT TOP OF RAMP</li><li>◆ ONCE IT'S A COUPLE OF MINS BEFORE YOUR SWIMMING SLOT (CHECK CLOCK ON OUTSIDE OF BUILDING ) SANITISE HANDS</li><li>◆ ENTER THE LOBBY TAKE OFF SHOES MOVE INTO WAITING AREA</li><li>◆ SANITISE HANDS AT CLEANING STATION</li><li>◆ WAIT AT SPOT MARKED ON FLOOR FOR SWIMMERS TO LEAVE</li><li>◆ ONCE SWIMMERS HAVE REACHED 2 METERS FROM DOOR YOU MAY ENTER POOL ROOM</li><li>◆ TAKE YOUR CHANGE OF CLOTHES WITH YOU INTO POOL HALL (DON'T LEAVE THEM IN A CHANGING ROOM )</li></ul>
ONCE IN POOL ROOM	<ul style="list-style-type: none"><li>◆ USE PEGS PROVIDED TO HANG TRAVEL CLOTHES ON</li><li>◆ ENTER THE POOL AND SWIM (MAKING SURE YOU MAINTAIN YOUR SOCIAL DISTANCE )</li><li>◆ PLEASE BE PROMPT ONCE YOUR SWIM SLOT IS OVER TO LEAVE THE POOL TAKING ALL YOUR CLOTHES WITH YOU <b><u>(REMEMBER NEXT GROUP IS WAITING FOR YOU TO LEAVE BEFORE THEY CAN ENTER )</u></b></li></ul>

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ONCE YOU ENTER THE WAITING /CHANGING AREA	<ul style="list-style-type: none"><li>◆ MOVE TO 2 METERS OR SPOT MARKED ON FLOOR ONCE ENTERING WAITING ROOM</li><li>◆ WAIT FOR WAITING GROUP TO ENTER POOL</li><li>◆ SHOWERS ARE NOT TO BE USED</li><li>◆ BABY CHANGING SHOULD ONLY BE DONE ON BABY MATS SUPPLIED BY YOURSELF</li><li>◆ NO TALC TO BE USED</li><li>◆ IF YOU NEED TO CHANGE PLEASE USE ONE OF THE CHANGING ROOMS BUT DO THIS AS QUICKLY AS POSSIBLE (DON'T MIX SOCIAL GROUPS)</li><li>◆ IF YOU NEED SURPORT TO CHANGE PLEASE USE THE DISABILITY TOILET</li><li>◆ IF TOILETS ARE USED PLEASE MAKE SURE TO WIPE THEM DOWN BEFORE AND AFTER USE WITH WIPES PROVIDED</li><li>◆ LEAVE WAITING ROOM ASAP</li></ul>
ONCE YOU ENTER LOBBY	<ul style="list-style-type: none"><li>◆ PUT SHOES ON AND LEAVE MAKING SURE YOU USE THE SANISTISER OUTSIDE THE BUILDING AS YOU LEAVE</li></ul>
ADDITIONAL	<ul style="list-style-type: none"><li>◆ IF YOU AT ANY POINT DURING YOUR VISIT TOUCH ANY SURFACES YOU SHOULD BE USING A SANISTISER STRAIGHT AWAY</li><li>◆ THERE IS A DISFECTANT SPRAY GUN YOU CAN USE IF YOU HAVE ANY AREAS OF CONCERN (SANITISE AFTER USE )</li><li>◆ PLEASE REPORT TO US ANY CONCERNS THAT YOU MAY HAVE</li><li>◆ LOST PROPERTY UNFORTUNATELY WILL NOT BE KEPT</li><li>◆ PLEASE MAKE SURE YOU DO NOT LEAVE ANYTHING BEHIND</li><li>◆ TRY TO AVOID TOUCHING FACE AT ALL TIMES</li></ul>